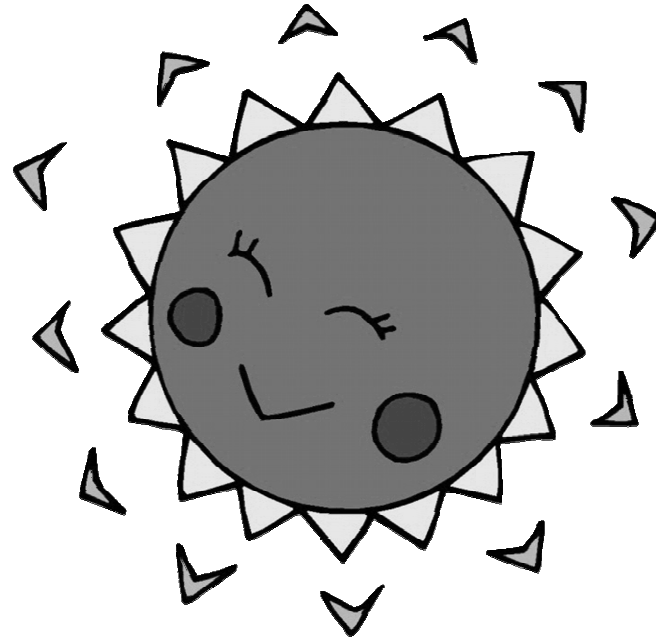


# Introduction to Self-Direction



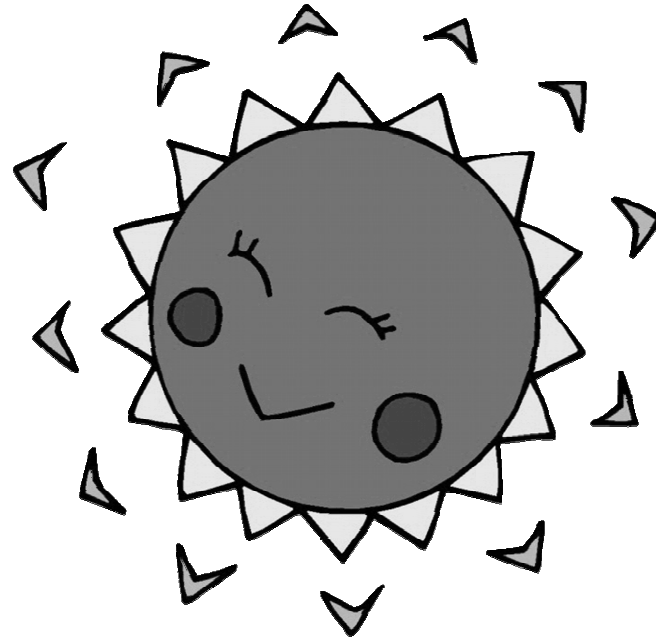
## Module 2

### Dreaming, Making Choices, and Planning

**Materials developed by:  
Partnership for People with Disabilities  
Virginia Commonwealth University  
Funding provided through:  
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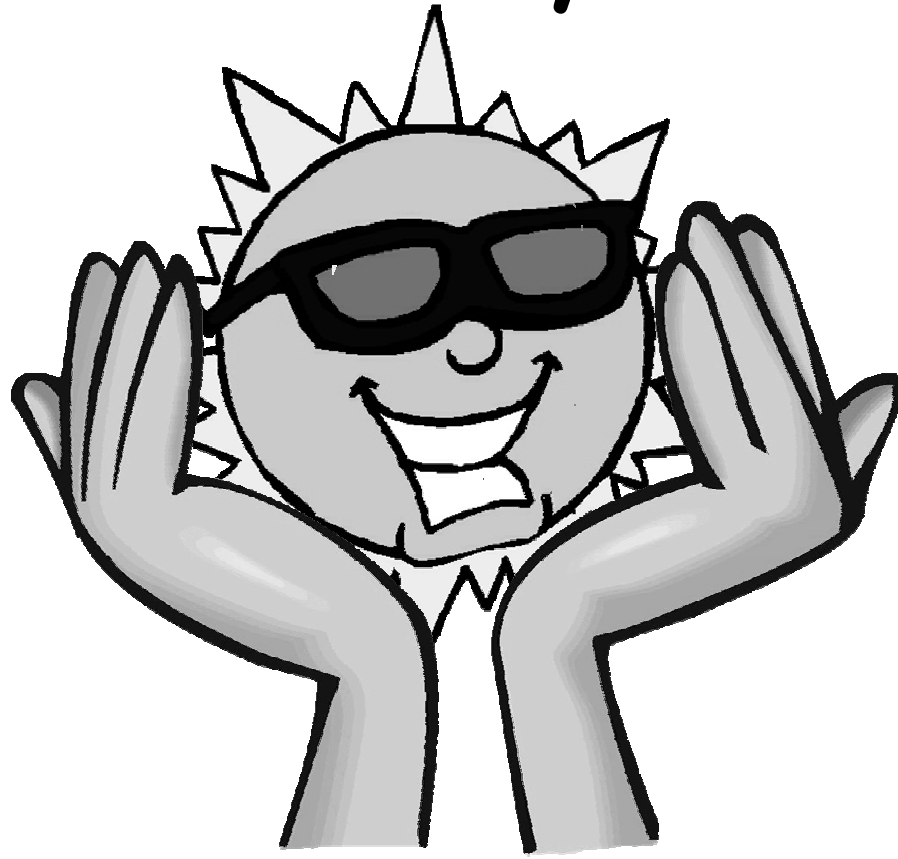
# Introduction to Self-Direction



## Module 2

### Dreaming, Making Choices, and Planning

Self-direction is  
about you.





**Self-direction is about  
your everyday life.**

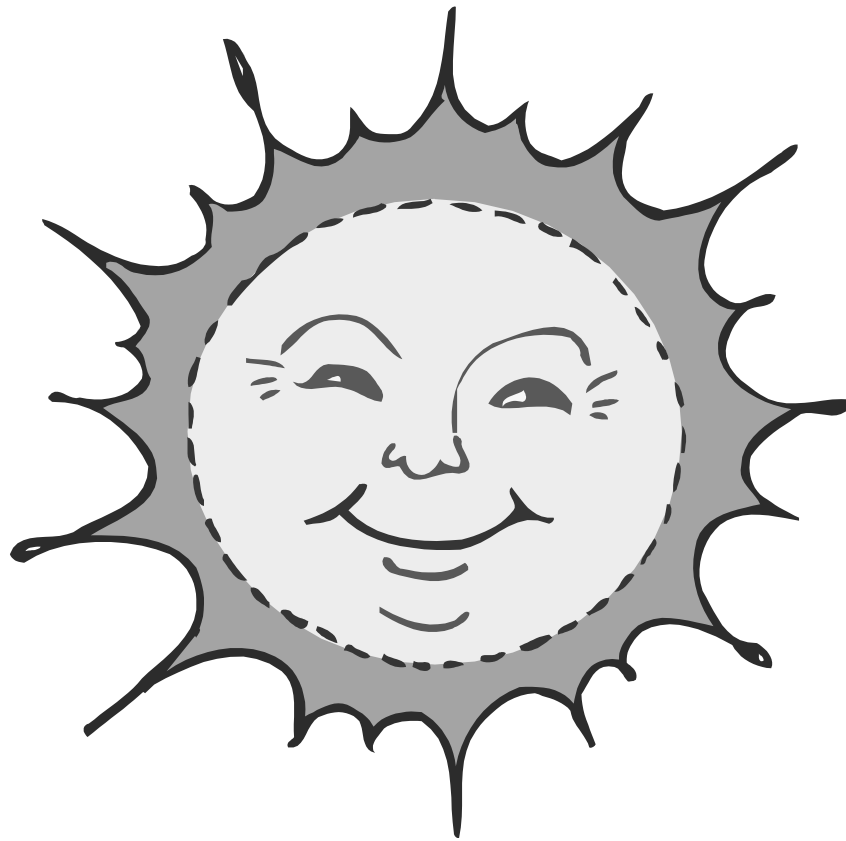


# Self-direction is about



# you being in charge.

**Self-direction is about  
you being happy!**





DREAMING

CHOOSING



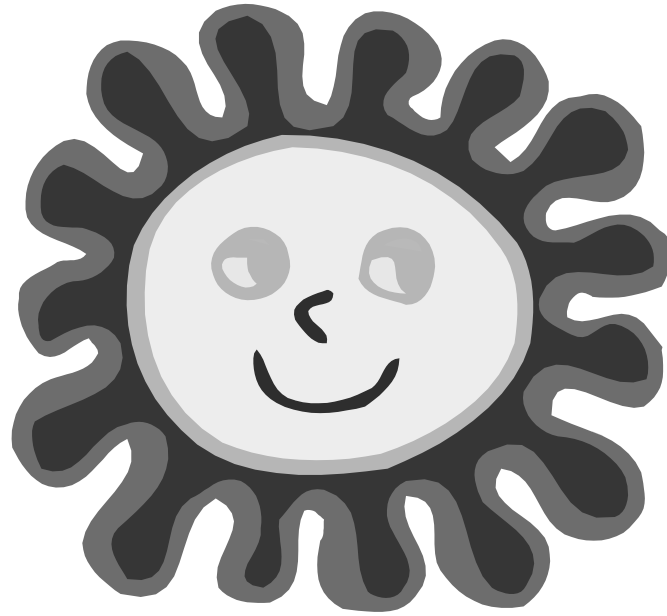
PLANNING

**Self-  
direction  
is about  
your  
dreams.**



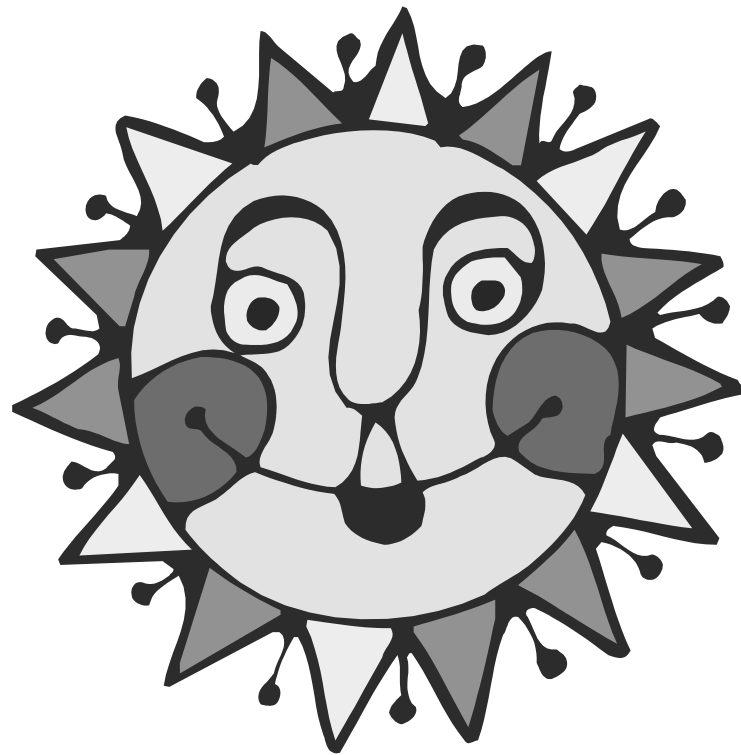
# What are your dreams?



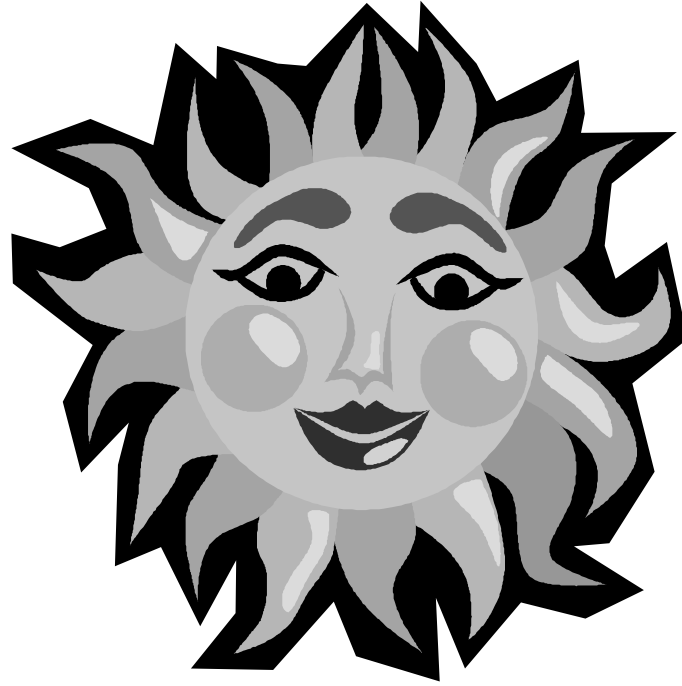


What is something that  
you would like to have  
happen to you?

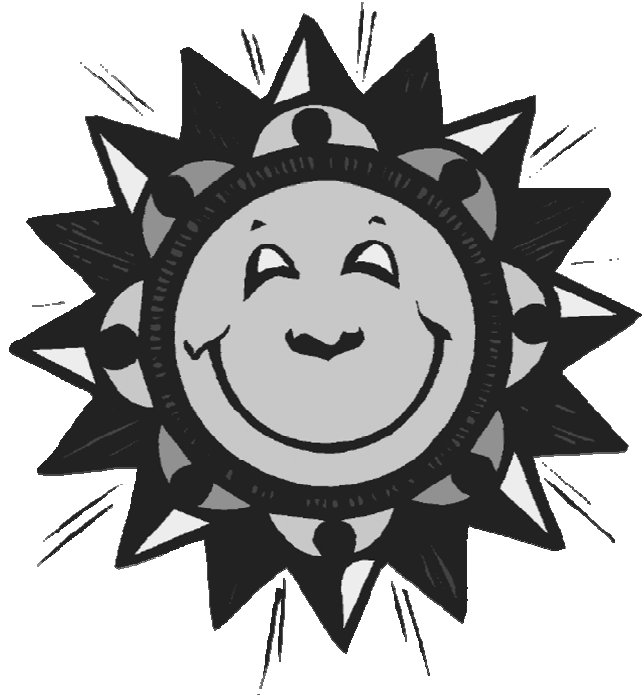
Who do you want  
to be with?





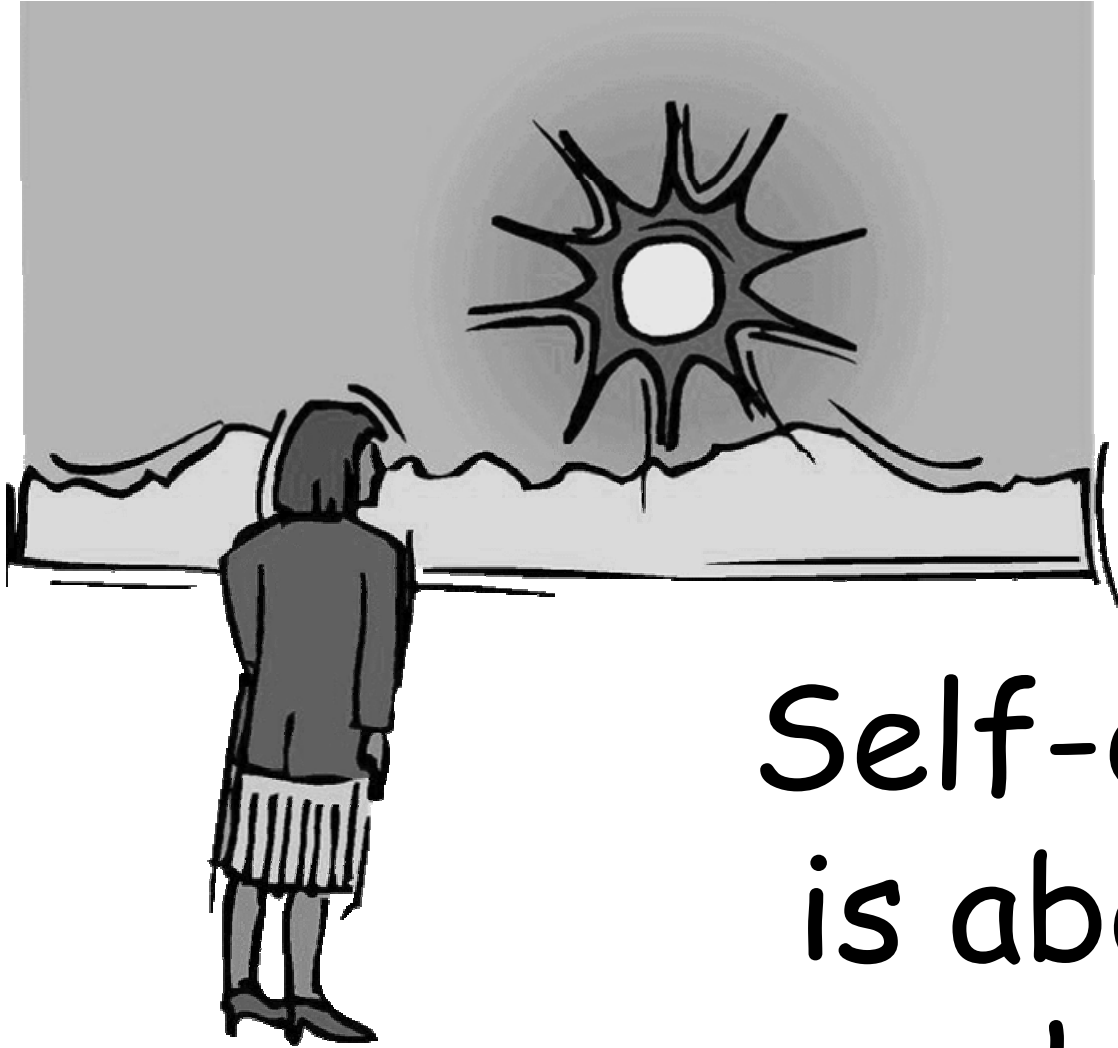


What do you like to do  
and where do you like  
to do it?



## Activity #1

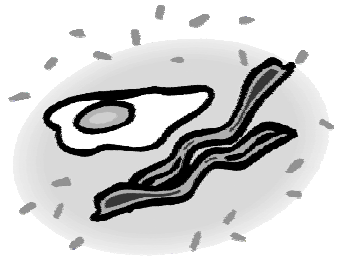
# Drawing Our Dreams



Self-direction  
is about your  
choices.

We make choices  
everyday.



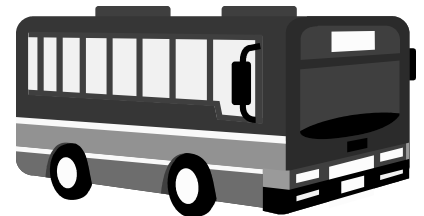


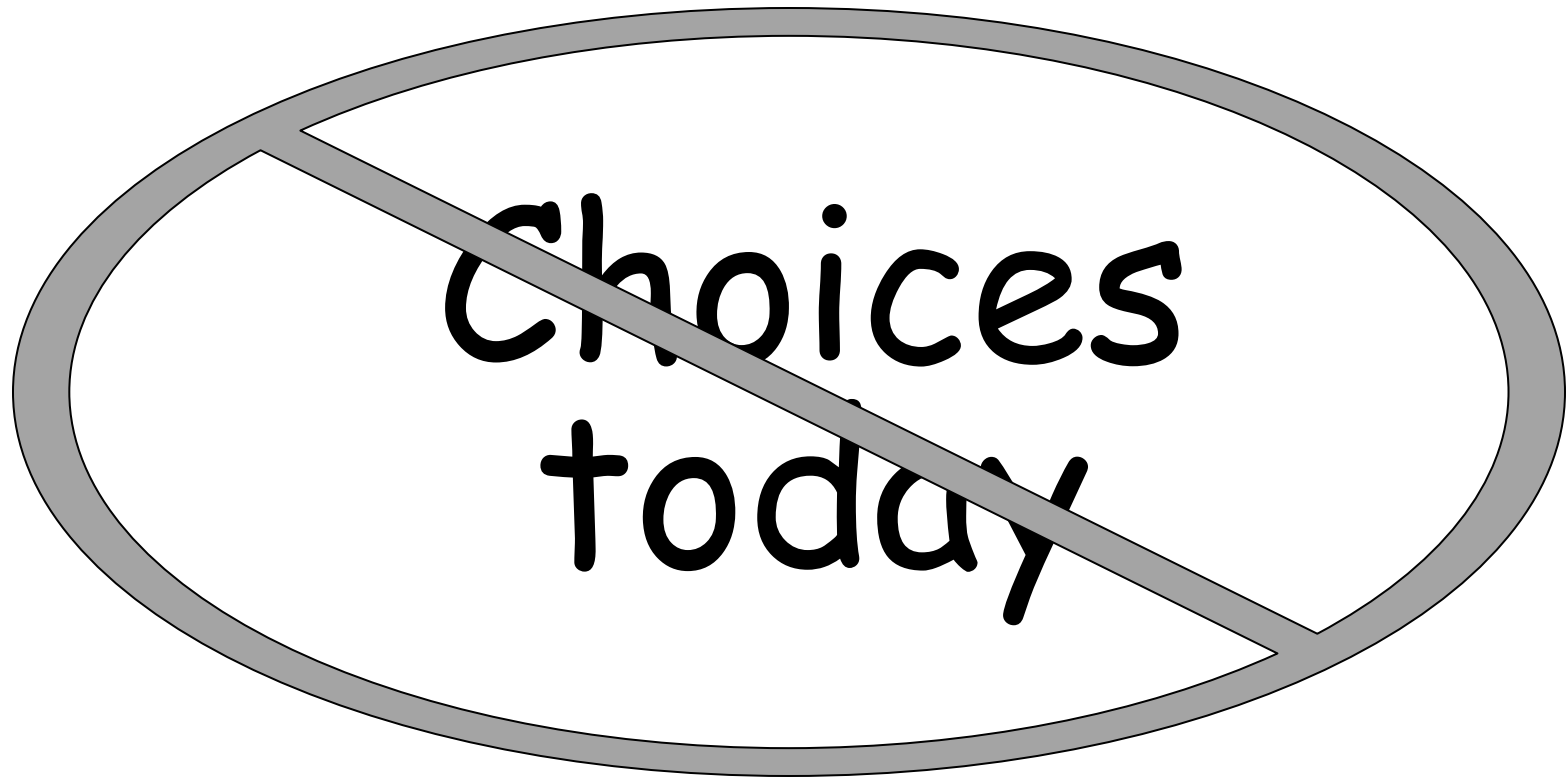
Breakfast?

Clothes?



Transportation?







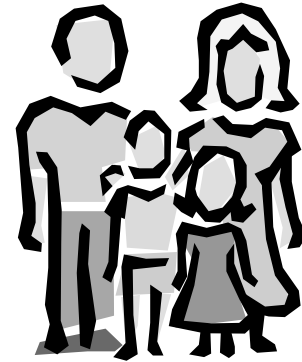
Live



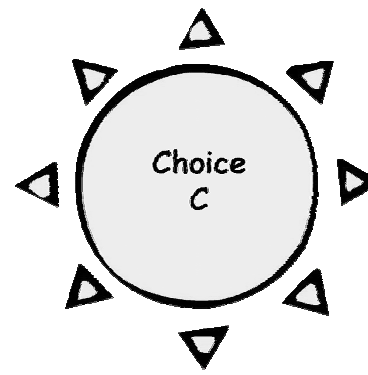
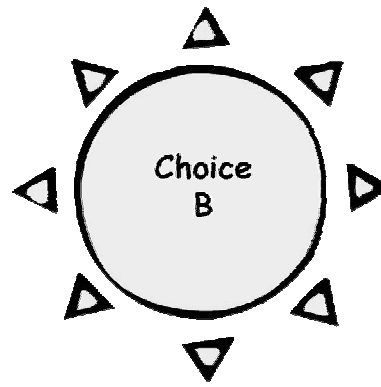
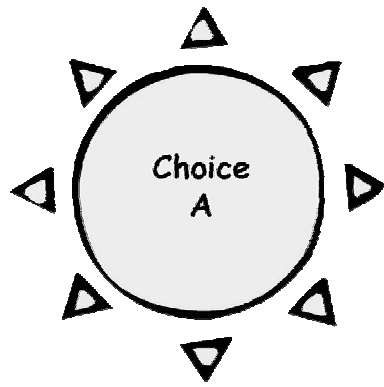
Play



Work



People in  
Your Life

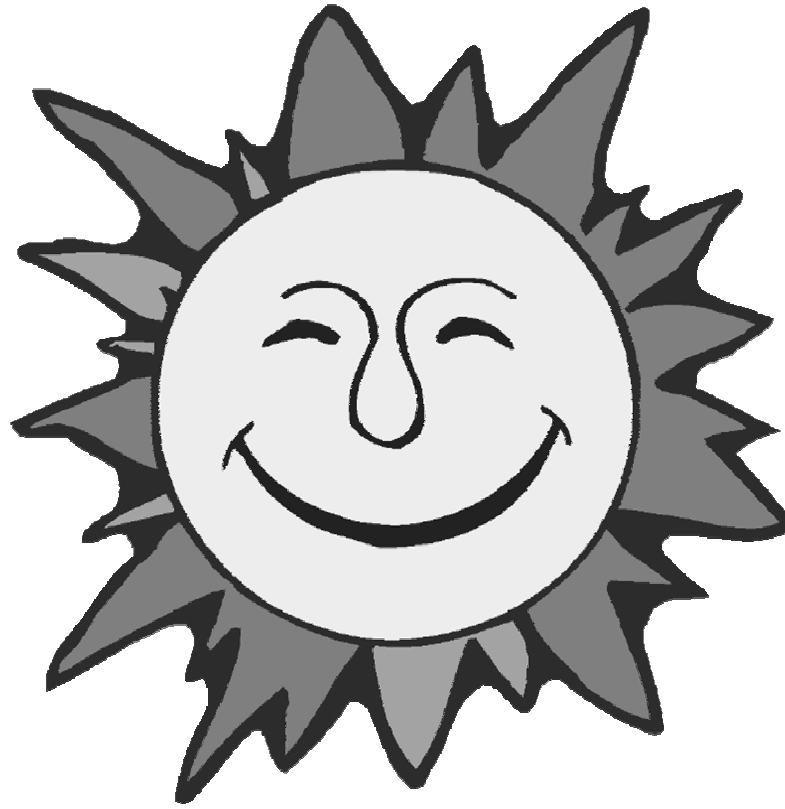


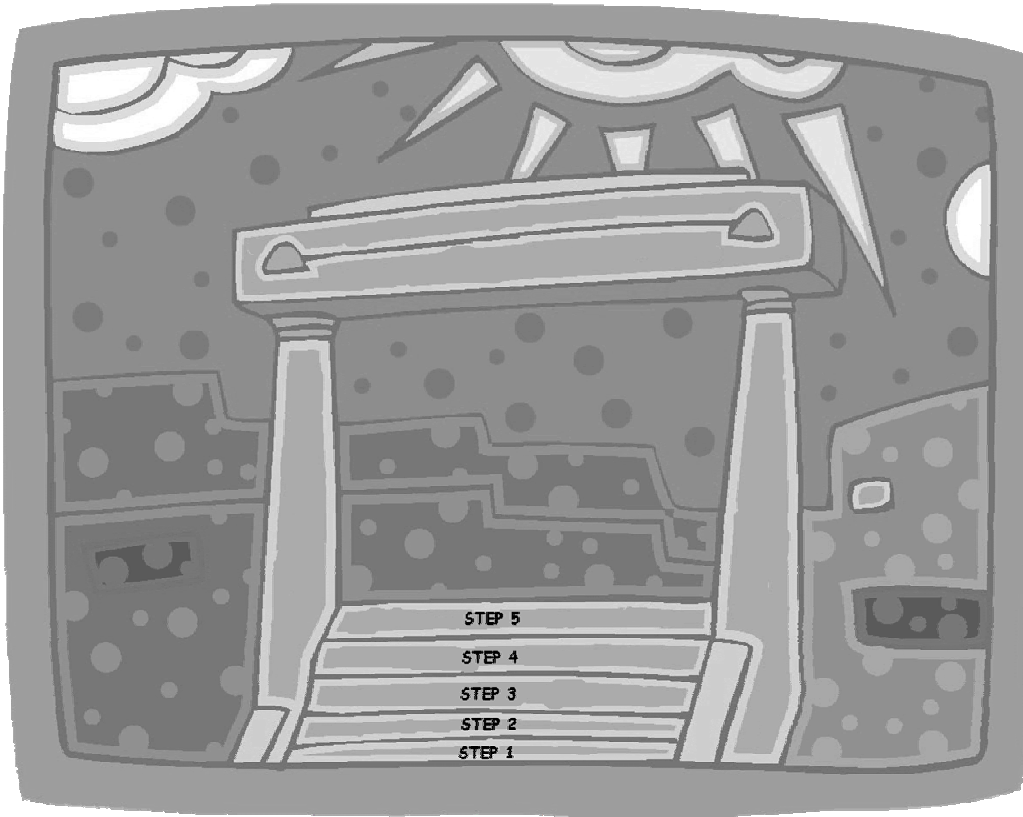
I WANT  
CHOICES!





Making  
good choices...






## Activity #2

What are the  
steps?

Self-  
direction  
is about  
you  
making a  
*plan.*



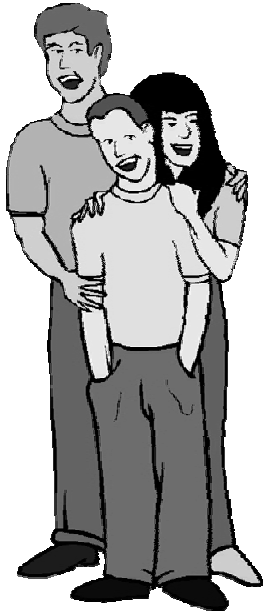
My Dreams

- 1.
- 2.
- 3.
- 4.
- 5.

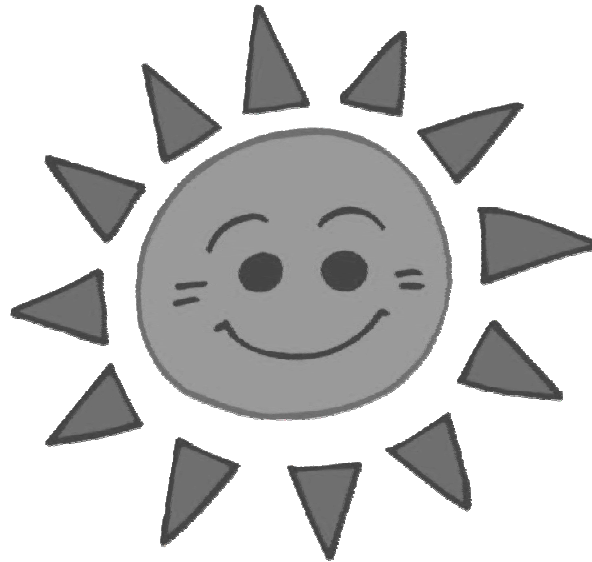
My Choices

- 1.
- 2.
- 3.
- 4.
- 5.

Family



# Sharing your dreams and choices



Case Manager



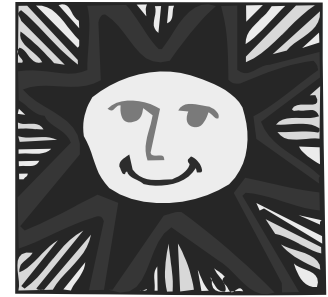
Friends



What have we  
learned?



# Share your thoughts with us...



1. What is one thing you learned about self-direction?
2. In this training, what does it mean to “dream”?
3. What are some choices that you make in life?
4. Who are the people who could help you make choices and a plan?
5. What more do you want to know about self-direction?